

ART THERAPY WITH ALISON

ART

WITH YOU WELLNESS STUDIOS

CONNECTIONSALON

ART THERAPY WORKSHOP



Join us for a **free, four week Art Therapy workshop**, focused on healing through art, community connection, and resilience.

There is **no art experience necessary** in order to join, just a willingness to connect in new ways. Come to the full open studio time, or as much or as little as you'd like.

Join us on the following dates from 12:00 - 1:30pm:

**November 14th,
November 28th,
December 5th,
December 12th**

Gathering Place Community Centre in the Art Room!
609 Helmcken St, Vancouver.

For more information, contact facilitator Alison:
Alison@withyouwellness.ca

